



State of New Jersey  
DEPARTMENT OF HEALTH

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[www.nj.gov/health](http://www.nj.gov/health)

CHRIS CHRISTIE  
Governor

KIM GUADAGNO  
Lt. Governor

MARY E. O'DOWD, M.P.H.  
Commissioner

January, 2013

Dear Administrator:

Since its inception, licensure of Assisted Living Facilities (ALFs), Assisted Living Programs (ALPs) and Comprehensive Personal Care Homes (CPCs) has been a cooperative and pioneering endeavor. In September 2008 the Department of Health (Department) first allowed Certified Medication Aides (CMAs) to administer insulin using fixed insulin cartridge & injector devices under N.J.A.C. 8:36-11.5 (b)3i. Today, I am pleased to announce that after careful consideration, the Department will accept a waiver request from facilities to expand the role of the Certified Medication Aide. If granted the approved waiver request will allow the registered professional nurse (RN) to delegate to certified medication aides (CMAs), the administration of injectable medications (other than the previously approved insulin) via disposable, integrated, mechanical, medication delivery devices that are prefilled by the manufacturer (commonly known as "pens").

In accordance with N.J.A.C. 8:36-11.5(b)(1)(i-ii) b "The registered professional nurse may choose to delegate the task of administering medications in accordance with N.J.A.C. 13:37-6.2 to certified medication aides, as defined in this chapter. 1. A unit-of-use/unit dose drug distribution system shall be developed and implemented whenever the administration of medication is delegated by the registered professional nurse to a certified medication aide." Currently the regulations limit the delegation of injectable medications. The Chapter specifies at N.J.A.C. 8:36-11.5(b)(3)(i) that "(3) The certified medication aide shall not: i. Administer any injection other than pre-drawn properly packaged and labeled insulin as described in (b)1 above." Therefore, a facility that wants to institute such a program must apply for a waiver of N.J.A.C. 8:36-11.5(b)(3)(i).

The waiver request must conform to Department developed guidelines; the Instructor's Rating Sheet for Duty Area 2.1(a) and the Questions and Answers (enclosed). The Application for Waiver form CN-28 can be found at <http://web.doh.state.nj.us/apps2/forms/index.aspx>. If you have any questions or require additional information, please contact Pamela Z. Gendlek, Program Manager, Assessment & Survey at [pamela.gendlek@doh.state.nj.us](mailto:pamela.gendlek@doh.state.nj.us) or (609) 633-8981.

Sincerely,

Barbara Goldman, R.N., J.D.  
Assistant Director  
Office of Certificate of Need and  
Healthcare Facility Licensure

Enclosures: Department developed guidelines  
Instructor's Rating Sheet for Duty Area 2.1(a)  
Questions and Answers